

BLOOD GLUCOSE
 (RECORD ALL OF YOUR GLUCOSE READINGS FROM YOUR DAILY TESTS)

	Date	Morning	Noon	Afternoon	Evening	Other	Comments
Day 1							
Day 2							
Day 3							
Day 4							
Day 5							
Day 6							
Day 7							
Day 8							
Day 9							
Day 10							
Day 11							
Day 12							
Day 13							
Day 14							
Day 15							
Day 16							
Day 17							
Day 18							
Day 19							
Day 20							
Day 21							
Day 22							
Day 23							
Day 24							
Day 25							
Day 26							
Day 27							
Day 28							
Day 29							
Day 30							
Day 31							

Signature: _____

Date _____